



Cambridge Forum

For Children's Emotional Wellbeing

Art therapy in the Early Years

With Alice Rayment

Saturday 9th May 2015

10am to 12:30pm

Forum Overview

This session will present a model of parallel art therapy with an early years art therapy group and a parental group. This model of intervention in the early years was developed in the setting of a family centre that supported children and families. These groups were multi-disciplinary; the facilitators were drawn from the art therapy department and the family support team. The groups were closed year long groups that engaged families with complex needs.

This work is viewed in the theoretical context of art therapy and group therapy with children and parents. Through clinical vignettes and related literature the dynamics, themes, play and art materials are considered.

We will reflect on the process of working with a simultaneous art therapy group for two to three year olds and a parental group. This intervention is explored as a model that can affect change and develop healthier functioning within families.

Speaker Biography

Alice Rayment is an art therapist and her practice includes working with children and families, individually and in groups. Alice currently works in a family centre, in primary schools in Cambridge and as a clinical supervisor.

Alice qualified as an art therapist at Goldsmiths College after initially training in 3D design and practicing as a glassmaker. She has worked in special educational services, family centres, and primary & secondary school settings. Over a number of years Alice has developed working with the early years individually and specifically in groups.

Venue

Faculty of Education, Donald McIntyre Building
184 Hills Road, Cambridge CB2 8PQ

How to book / Fee

Please book at this link:

<http://onlinesales.admin.cam.ac.uk>

£35.00

£20.00 for Faculty of Education students and staff

More info

Please email Lisa at lz334@cam.ac.uk