



**Cambridge
Forum**
**For Children's
Emotional
Wellbeing**

Finding a voice and being heard through applied theatre

One day workshop with Dr Jennifer Hartley
Saturday 20th May 2017 10am to 5pm

Workshop overview

Theatre of the Oppressed and Applied Theatre involve therapeutic techniques aimed at helping us gain a better understanding of ourselves and our stories. Augusto Boal, who created and founded the methodology, appropriated theatre games and exercises for use as tools by individuals and communities to deal with struggle. These tools are designed to develop individual skills of observation, self-reflection, and cooperative group interactions. Boal drew on theories developed by his friend and colleague, Paulo Freire.

In this practical workshop we will explore these techniques and how they can be applied to self and others.

For further information about the project, visit:
www.theatreversusoppression.com

Speaker Biography

Dr Jennifer Hartley is an award winning director, writer, humanitarian and Applied Theatre Practitioner who has received global recognition for her work. Jennifer lectures in Applied Theatre Therapeutic Approaches at universities in both the UK and abroad. She has worked extensively with Augusto Boal's Theatre of the Oppressed across three continents.

Jennifer is the founder and director of the award winning charity Theatre versus Oppression (TVO) and co-founder and director of Multi Story Media Ltd. Jennifer recently completed a 13 part documentary series working with torture victims in South America, a docufilm set in the UK about human trafficking and a 6 month project working with homelessness, mental health and addictions.

Venue Faculty of Education, Donald McIntyre Building, 184 Hills Road, Cambridge CB2 8PQ, ROOM GS5

How to book / Fee <http://tinyurl.com/cfmay2017> £99.00 / £85.00 for FoE students and staff

More info / contact email Lisa @ lz334@cam.ac.uk