



Cambridge Forum

For Children's Emotional Wellbeing

Conflict Transformation Workshop: An exploration of drama, dance and movement

with Dr. Norbert Koppensteiner
and Dra. Josefina Echavarrí Alvarez

Saturday 12th November 2016
10am to 12:30pm

Forum Overview

In this workshop we will explore a plurality of perspectives on peace, focusing in particular on individual participants' interpretations. The facilitators will draw on theory that assumes that peace is not only a rational but also a relational experience, involving the whole being, including the body. The workshop will be highly experiential, and will lead participants through a process of exploring the importance of relationship, situated awareness, and self-understanding for conflict transformation. This is addressed through working with the body and an emphasis on listening, empathy and resonance, with the understanding that one of the most important tools a facilitator brings to applied peace and conflict work is the manner of their own being in the world.

The workshop will be facilitated by visiting lecturers and educators from the University of Innsbruck, where their highly acclaimed, innovative, and dynamic Masters in Peace Studies is supported by a UNESCO chair.

This workshop will be of interest to counsellors and psychotherapists, social workers, teachers, police and youth offending teams, youth workers, foster parents and others involved in the care and development of young people.

Speaker Biographies

Josefina Echavarría Alvarez is a core Faculty member at the University of Innsbruck, Austria. From Medellín, Colombia, her work focuses on transnational peace initiatives, elicitive methods for conflict transformation and migration research. She coordinates several peace education projects in Europe and Latin America, and facilitates peace interventions that seek to resonate directly with people involved in conflict. She is the author of *In/Security in Colombia* (Manchester University Press, 2010) and co-editor of the *Palgrave International Handbook of Peace Studies: A Cultural Perspective* (2011; 2014).

Norbert Koppensteiner is programme coordinator of the MA, and also core faculty at the University of Innsbruck/Austria. He is author of *The Art of the Transpersonal Self. Transformation as Aesthetic and Energetic Practice* and co-editor of the *Palgrave International Handbook of Peace Studies*. He has studied in Austria, Spain and Switzerland and currently also works as facilitator with embodied methods of 'peaces' and conflict transformation.

Venue The Auditorium, Mary Allan Building, Homerton College, Hills Road, Cambridge CB2 8PH

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£35.00 / £20.00 for Faculty of Education students and staff

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