



# Cambridge Forum

## For Children's Emotional Wellbeing

# Introducing the Dynamic Maturational Model of Attachment (DMM): Implications and Opportunities for Clinical Practice work with Dr Ben Grey

Saturday 26<sup>th</sup> January 2019 | 10am to 1pm

## Workshop overview

In this workshop with guest speaker **Dr Ben Grey** we offer an overview of the Dynamic Maturational Model of Attachment (DMM) illustrated with video and interview material.

The model is culturally sensitive and takes a systemic approach; it has an intuitive appeal to practitioners in a wide number of settings. In particular we will explore the similarities and differences with the Main-Goldwyn (ABC+D) model of attachment.

We will discuss key implications of the model for assessment, intervention, treatment and case study. The DMM was developed by Dr Patricia Crittenden as a means of understanding attachment behaviour in people from at risk and dangerous environments. Crittenden was a student of Mary Ainsworth, who, with John Bowlby, was co-founder of attachment theory.

## Venue

Faculty of Education, Donald McIntyre Building, first floor ROOM 153

## How to book / Fee

£35 per person, concessions £20 for Faculty of Education students and staff  
Book via University of Cambridge online store: [onlinesales.admin.cam.ac.uk](https://onlinesales.admin.cam.ac.uk)

## Queries

Email : [cambridgeforum@educ.cam.ac.uk](mailto:cambridgeforum@educ.cam.ac.uk)

## Speaker biography

**Dr Ben Grey** is a Senior Lecturer in Attachment Studies at the University of Roehampton. He is also a qualified social worker with over 20 years' experience in child protection and the assessment of troubled families.

He has worked as a children's guardian and independent social worker, and is currently co-director of the [Cambridge Centre for Attachment](#) offering expert witness services to the family courts, and consulting to Local Authorities, NHS CAMHS, voluntary organisations, and individual practitioners working in the field.