Workshop overview

In this workshop we look at first the science, and then the art, of therapeutic conversation. Recent developments in attachment theory and in relational neuroscience suggest a move from fixed intrapsychic ‘representations’ to dynamic interactional models that encompass the Bayesean neurobiology of ‘duets for one’, the developmental psychology of care-giver-infant proto-conversations, and attachment-informed research on patient-therapist interaction.

The post-coffee part of the morning will be devoted to ‘live supervision’ with help from participants, hoping to illustrate the earlier theoretical exposition.

Speaker profile:
Professor Jeremy Holmes MD
Consultant Psychiatrist/Medical Psychotherapist at University College London (UCL) for 35 years and then in North Devon, UK, and Chair of the Psychotherapy Faculty of the Royal College of Psychiatrists 1998-2002. Holmes is visiting Professor at the University of Exeter, and lectures nationally and internationally. In addition to 200+ peer-reviewed papers and chapters in the field of psychoanalysis and attachment theory.